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No Collection on City Observed Holidays

(curbside trash & recycling)

- Thanksgiving Day November 24
- Christmas Day December 25
- New Years Day January 1
 COLLECTION DELAYED
 ONE DAY

YOUR SUSTAINABLE EATING PLAN

So, you plan on eating healthier this fall. Here are a few ideas where you meet your

WASTELINES Fall 2011 City Of Columbia



Use Less Stuff Holiday Campaign November 18 - January 1

During the five weeks between Thanksgiving and New Year's Day, it is estimated that the nation's trash increases by an extra one million tons per week! The purpose of "Use Less Stuff Day" on November 18th is to bring attention to the necessity of creating less waste in the first place and to show how easily and profitably source reduction can be made a part of our daily lives.

"Using less stuff" means "reduce" rather than "reuse" or "recycle" If you purchase less there will be less that we must recycle. As you are conducting your shopping this holiday season, use some of the tips below to avoid waste.

- Take your own reusable bags when you go shopping
- Consolidate your purchases into one bag rather than getting a new bag at each store
- Consolidate your shopping trips to save fuel
- Purchase rechargeable batteries for electronic items

For more tips on avoiding waste this holiday season, check out the City website at www.GoColumbiaMo.com (search UseLessStuff) or call the Solid Waste Division at (573) 874-6271.

goal and live a sustainable lifestyle at the same time.

Creating a Sustainable Eating Plan

It is actually quite easy to create a sustainable eating plan. First, focus on local ingredients. Local fresh fruit and vegetables and locally sourced meat products are sustainable products. If you choose food that has been imported then try to aim for fair-trade food. This will ensure that the farmers who grew the food get fair treatment and fair pay.

When you create an eating plan it enables you to better focus on what you are eating. You can plan ahead and buy everything that you need. When it comes to what you can actually eat during the plan, there aren't many foods not included.

Why Choose Sustainable Food?

If you want to make a real change that will affect you and others, sustainable food is a great idea. Sustainable food is food which is considered to be organic or fair-trade. It is also food that does not harm the environment when it is grown and produced. It helps support local farmers and minimizes damage to natural resources.

Best Foods to Include

Fish are great foods to include in a sustainable meal plan.



CURBSIDE RECYCLING TIPS

The following items can be recycled curbside:

Containers: In Blue Bags

Glass: brown, green, and clear bottles and jars

Plastic: #1 and #2 bottles and containers (except motor oil

containers)

Steel: food and beverage cans Aluminum: food and beverage cans

Fibers: In Paper Bags or Cardboard Boxes

Newspapers and inserts, boxboard/chipboard (cereal boxes, etc)
Magazines, catalogs, phone books, brown paper bags, corrugated
cardboard

For additional questions call (573) 874-6291 or visit www.GoColumbiaMo.com

Capen Park Compost Demonstration Site & Outdoor Classroom

The final compost classes of 2011 are scheduled as follows: Saturday, October 8th at 10am and Saturday, November 5th at 10am.

On Thursday, September 29th, Columbia Public Schools Eco-Schoolhouse classroom from Grant Elementary School visited our site. Mr. Nies' 5th grade class learned about composting and vermi-composting. The kids also toured the mulch site, rain garden and wildflower areas. These enthusiastic students added ingredients to the compost pile, turned the pile and participated in light weeding.

Please include locally sourced meat products. Vegetables from the local farmers markets are also a great idea. Please keep in mind that local produce tend to have a shorter shelf life. Therefore, when creating your meal plan, ensure that you don't produce waste by not overbuying. When food waste does exist, please remember to compost all vegetable scraps.



Since 1997, communities across the country have come together on November 15th to celebrate America Recycles Day. More than a celebration, America Recycles Day is the only nationally recognized day dedicated to the promotion of recycling programs in the United States. One day to inform and educate. One day to get our neighbors, friends, and community leaders excited about what can be accomplished when we all work together. One day to make recycling better 365 days a year!

You may visit our booth at the Columbia Public Library on Sunday, November 13th at 1pm - 5pm for written material on how to live a more sustainable life style. Also visit www.americarecylesday.org for more information.

SPECIAL EVENT RECYCLING

The City of Columbia Public Works Department collects recyclable materials at special events.

Special event containers are utilized to collect recyclable beverage containers from visitors at events such as Earth Day, Roots-n-Blues -n-BBQ, Art in the Park, and many other events. Please watch for and utilize these containers at the next special event you attend.

If you are promoting an event and are interested in utilizing these containers, please call the Waste Minimization Supervisor at 875-6291 for arrangements.

These bins were paid for with a 50% matching grant from Mid-Missouri Solid Waste District with funds from the Missouri Department of Natural Resources.

Items collected are sorted by the Solid Waste Division staff and recycled at the Material Recovery Facility.



What is Hinkson Clean Sweep?

Why is litter pick up so important to our city? Each piece of litter finds its way to our watershed and the litter created here in Columbia effects the environment around the world!



Check us out on Facebook: http://www.facebook.com/columbiarecycles

Like us on Facebook

http://twitter.com/ CoMoRecycles

Follow us on



All storm drains on city, county, neighborhood and campus streets drain directly to local water ways. Any substance that goes into a storm drain goes directly into a local stream. Streams are everywhere. If you live in Columbia, chances are you have one in your own back yard or live within minutes of a local waterway. The rain water from parking lots and surface streets is not treated at the local wastewater treatment plant. Citizens are needed to help collect and pick up trash and debris from our water ways to help keep our drinking water and local wildlife safe and healthy.

Hinkson Clean Sweep is a city-wide stream cleanup event where volunteers work together to clean area streams. The result is a healthier watershed and attractive community. Volunteers will be provided mesh and trash bags. Sites will be led with trained volunteers and supporting staff. Select the location appropriate for you, your family, organization or group. Everyone can participate! Handicapped accessible locations are available. This event is appropriate for individuals, and groups of all sizes and people of all ages and abilities

To register for this event:

https://www.gocolumbiamo.com/CMS/WebForms/form.php?formid=78

Tire and Electronic Waste Collection

Tire and Electronic Waste Collection

The Mid-Missouri Solid Waste Management District is sponsoring a tire and electronic waste collection on Saturday, October 29th, 9am - 1pm. This event will take place at the Boone County Fairgrounds, 5212 N. Oakland Gravel Road, Columbia.

Tire Fees:

\$1 per car tire (16" or smaller) or \$2 if on the rim \$5 per truck or tractor tire (over 16") or \$10 on the rim.

There will be a charge for every tire.

There is a 50 tire limit.



E-waste Fees:

\$5 for televisions, computer monitors, copy machines, and microwaves.

No charge for other electronic waste items.



No early drop offs allowed No businesses allowed No pre-registration required

For more information visit Email: mmswmd@GoColumbiaMo.com www.mmswmd.org Phone: (573) 874-7574

STEP FORWARD DAY 2011



Saturday, August 20th marked the Ninth Annual "Step Forward Day" for freshmen and transfer students at the University of Missouri. This is a one day event when incoming students venture out into the community and volunteer their time to various agencies and businesses. The goal for these students is to learn about aiding others in need as well as the importance of continued community service.

Our student volunteers assisted with various projects . . . weeding and clearing the Capen Park compost demonstration site and wildflower garden, directing traffic and stirring paint at Household Hazardous Waste collection, and collecting litter at Douglas Park. These enthusiastic students gave a combined 30 hours of volunteer service.



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Volunteer Program
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(573) 874-6271
(573) 449-9641 fax

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